

GLAMOUR

ONLY
£2

www.glamour.com

FEBRUARY 2007

**JESSICA
SIMPSON**

**LOVE, SEX
AND DIVORCE**
Her most honest
interview yet

**HOW TO HAVE
SEX WITH**

* **A celebrity**

* **An ex**

* **Someone you
really like**

**963
LOOKS**

**Shop like a stylist!
The clothes to buy now
that will last you forever**

**LOOK LIKE A PRO
DID YOUR HAIR**
Every single morning

**"I've lost count
of the men I've
slept with"**

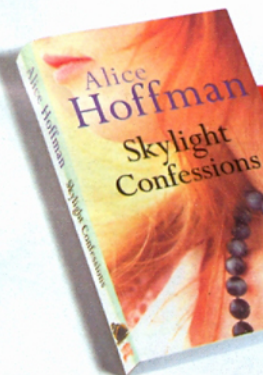
A sex addict tells all

**THE 50 BEST DRESSED
WOMEN IN THE WORLD**

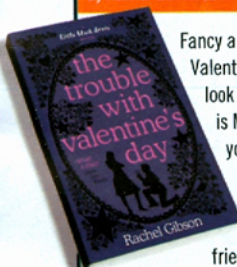
The list is in – all the DOs, the DON'Ts, shock winners and losers



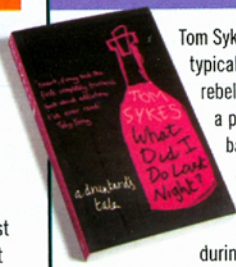
Hey, loved-up couples!
FREE cocktails, Champagne,
chocolates and nights away

Yes, page turning *does* count as exercise**GLAMOUR MUST-READ****Skylight Confessions** by Alice Hoffman (Chatto & Windus, £14.99)

Hoffman's books all have a touch of the fairytale about them, and *Skylight Confessions*, with its story of lost loves and wrong paths, is no exception. Life is a fragile thing and as if to emphasise this Hoffman makes the home and heart of the novel a glass house – somewhere where everything is transparent except people's emotions. Left alone when her father dies, Arlyn marries the first man to come along, which, unsurprisingly, proves a loveless match. The only good thing to come out of it is her son, Sam. Years later, with Arlyn gone, it's Sam's turn to be lost, floundering in a world that seems alien and without love. Hoffman's signature is dealing with real emotions in a surreal way, and her latest book is a magical, haunting read, full of hidden passions, heartbreak and ghosts.

The Trouble With Valentine's Day by Rachel Gibson (Little Black Dress, £3.99)

Fancy a bit of froth for Valentine's Day? Then look no further. This is Mills & Boon for a younger, hipper, sexier generation – and it seems destined to become a girl's best friend. And if you haven't got a significant other to spoil you on February 14th, *The Trouble With Valentine's Day* should be the perfect antidote. Kate Hamilton is firmly in the 'Valentine's Day sucks' camp after being blown out by a handsome stranger in a hotel bar. Crestfallen, she returns to her hometown, Gospel, to lick her wounds in solitude, only to find herself the centre of Gospel gossip when she has an unexpected reunion with Mr Handsome Stranger in the local store. A huge bestseller in the US, where this kind of escapist, page-turning romance flies off the shelves, it'll be interesting to see if the genre replaces chick lit as the next big thing in the UK.

What Did I Do Last Night? A Drunkard's Tale by Tom Sykes (Ebury, £10.99)

Tom Sykes was your typical teenage rebel. Despite a privileged background and private education, his parents' divorce during his adolescence had him seek solace in rebellion – first at Eton and then at Edinburgh University, where his drinking soon spiralled out of control. After that, he embarked on a career in journalism, where he was sacked from a series of jobs until he moved to New York to become nightclub and gossip columnist for the *New York Post*. The job gave him the perfect excuse to party 24/7 – not ideal for someone whose daily diet of neat alcohol seems destined to lead to self-destruction. This is no holier-than-thou memoir, however, as Tom admits to having had a lot of fun along the way. It's a compulsive, salutary and entertaining true story of social intoxication.

Naturally by Jo Wood (Macmillan, £12.99)

As a Rolling Stones wife, Jo Wood (wife of Ronnie) is an original rock chick. But far from living a life of rock'n'roll excess, these days she's greener than green, having embarked on an organic lifestyle when she was struck down by Crohn's Disease some years ago. At the time of her organic conversion, eating muddy vegetables and living a chemical-free lifestyle was far from fashionable, but illness is a great motivator, and the minute she saw the difference a chemical-free diet made to her health, there was no looking back. There's also enlightening stuff on the harmful chemicals in many of the household products we buy. The tone is gentle, not preachy, as this is a book born out of a desire to share her experiences with anyone interested in going green, and since it's a movement that's gaining momentum, we're sure this will fly off the shelves.

LOVING WORDS

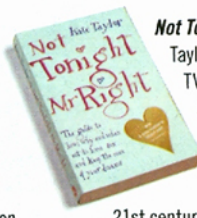
Find (and keep) your perfect Valentine

Sextrology by Starsky & Cox (Vermilion, £14.99)

Want to know if you and your man are sexually compatible? This guide to every star sign's sexual traits is a must. The authors are astrologers to the celebs and the witty pop culture references put a whole new slant on astrology and sex.

The Sex Doctor by Tracey Cox (Corgi, £7.99)

GLAMOUR's own Relationship Coach is on top form with this informative but humorous guide to great sex. You'll love the advice on keeping your sex life sizzling and should find some of the adventurous tips eye-opening!

**Not Tonight Mr Right** by Kate Taylor (Penguin, £6.99)

TV sexpert Taylor advocates a good old-fashioned date-before-you-mate approach in this book of girl's rules for the 21st century. She claims abstinence is the key to lasting love – read it and see if you agree (though your date might not!).